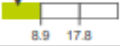
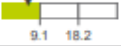
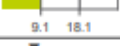
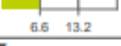
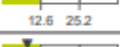
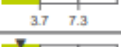
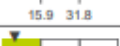
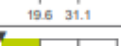
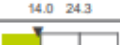
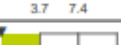
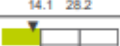
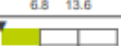
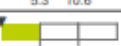
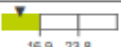
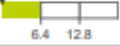
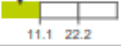
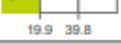
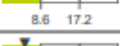
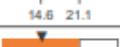
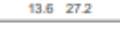
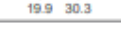
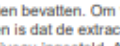
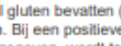
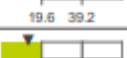
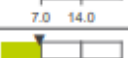
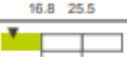
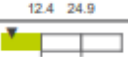
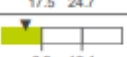
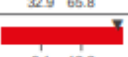
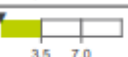
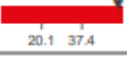
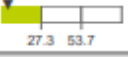
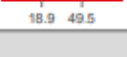
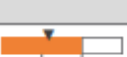
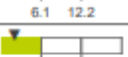
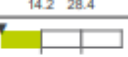
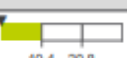
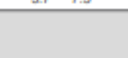
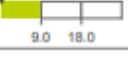


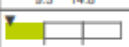
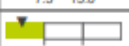
# Lijst 1 - Individuele laboratoriumresultaten

## ImuPro Basic

|                            | µg/ml<br>IgG | Reactieklasse                                                                       |                                | µg/ml<br>IgG | Reactieklasse                                                                         |
|----------------------------|--------------|-------------------------------------------------------------------------------------|--------------------------------|--------------|---------------------------------------------------------------------------------------|
| <b>Groenten</b>            |              |                                                                                     | <b>Salades</b>                 |              |                                                                                       |
| Aardappel                  | 4,4          |    | Botersla                       | 3,2          |    |
| Aubergine                  | 3,7          |    | Veldsla                        | 6,5          |    |
| Broccoli                   | 17           |    | <b>Fruitsoorten</b>            |              |                                                                                       |
| Cayennepeper               | 3,1          |    | Aardbei                        | 0            |    |
| Courgette                  | 10,6         |    | Abrikoos                       | 0            |    |
| Erwt                       | 10,4         |    | Ananas                         | 10,1         |    |
| Groene boon                | 4,7          |    | Appel                          | 0            |    |
| Knolselderij, knolselderij | 13,2         |    | Banaan                         | 0            |    |
| Komkommer                  | 3,8          |   | Citroen                        | 0            |   |
| Koolraap                   | 13,2         |  | Druif                          | 0            |  |
| Olijf                      | 2,2          |  | Kers                           | 4,9          |  |
| Paprika                    | 11,9         |  | Kiwi                           | 8,3          |  |
| Prei                       | 4,2          |  | Nectarine                      | 0,5          |  |
| Rode biet                  | 0            |  | Sinaasappel                    | 5,4          |  |
| Rodekool                   | 15,3         |  | Watermeloen                    | 5,9          |  |
| Sojaboon                   | 10,2         |  | <b>Glutenbevattende granen</b> |              |                                                                                       |
| Tomaat                     | 6,7          |  | Gerst *                        | 4,7          |  |
| Ui                         | 8,6          |  | Gluten                         | 133,6        |  |
| Wortel                     | 14           |  | Rogge                          | 26           |  |

\* Er zijn granen die gluten bevatten en granen die geen gluten bevatten. Om technische redenen moeten extracten van granen die normaal gluten bevatten (bijv. tarwe) en gluten zelf, afzonderlijk worden gemeten. De reden is dat de extractie van gluten alleen mogelijk is met zeer specifieke methoden. Bij een positieve reactie op gluten worden deze granen op hetzelfde reactieniveau ingesteld. Als gluten in het rapport bijvoorbeeld als "verhoogd" wordt aangegeven, wordt tarwe ook als "verhoogd" aangegeven. Dit is belangrijk, omdat deze granen net als gluten vermeden moeten worden om het aanhouden van symptomen door glutenconsumptie te voorkomen. Als de gemeten waarde voor een specifiek graanextract onder de grens ligt, mag het graan worden geconsumeerd als het in de handel verkrijgbaar is als "gecertificeerd glutenvrij".

|                                              | µg/ml<br>IgG | Reactieklasse                                                                       |                              | µg/ml<br>IgG | Reactieklasse                                                                         |
|----------------------------------------------|--------------|-------------------------------------------------------------------------------------|------------------------------|--------------|---------------------------------------------------------------------------------------|
| <b>Glutenbevattende granen</b>               |              |                                                                                     | <b>Specerijen en kruiden</b> |              |                                                                                       |
| Spelt                                        | 78           |    | Knoflook                     | 33,8         |    |
| Tarwe                                        | 84,8         |    | Mierikswortel                | 16,2         |    |
| <b>Granen zonder gluten en alternatieven</b> |              |                                                                                     | Mosterdzaad                  | 13,9         |    |
| Boekweit                                     | 9,3          |    | Nootmuskaat                  | 2,3          |    |
| Gierst                                       | 3,6          |    | Oregano                      | 2,2          |    |
| Haver                                        | 11,2         |    | Paprika, kruiden             | 11,9         |    |
| Maïs, suikermaïs                             | 5,2          |    | Peper, zwart                 | 9,3          |    |
| Rijst                                        | 3,8          |    | Peterselie                   | 25,6         |    |
| <b>Melkproducten</b>                         |              |                                                                                     | Rozemarijn                   | 0            |   |
| Geitenmelk, kaas                             | 84,4         |  | Tijm                         | 2,3          |  |
| Gestremde kaas (koe)                         | 61,3         |  | Vanille                      | 4,9          |  |
| Koeienmelk                                   | 121,7        |  | <b>Vis en zeevruchten</b>    |              |                                                                                       |
| Schapenmelk en -kaas                         | 81,1         |  | Oceaanbaars                  | 0            |  |
| Zuremelkproducten (koe)                      | 125,8        |  | Pollock                      | 8,6          |  |
| <b>Eieren</b>                                |              |                                                                                     | Rivierkreeft                 | 0,9          |  |
| Kippenei                                     | 20,3         |  | Tonijn                       | 4,9          |  |
| <b>Gist</b>                                  |              |                                                                                     | Zalm                         | 0,1          |  |
| Gist                                         | 0            |  | <b>Vlees</b>                 |              |                                                                                       |
| <b>Specerijen en kruiden</b>                 |              |                                                                                     | Kalkoen                      | 1            |  |
| Basilicum                                    | 3,4          |  | Kip                          | 0,8          |  |
| Kaneel                                       | 2            |  | Lam                          | 0,2          |  |

|                                 | µg/ml<br>IgG | Reactieklasse                                                                       |                    | µg/ml<br>IgG | Reactieklasse                                                                       |
|---------------------------------|--------------|-------------------------------------------------------------------------------------|--------------------|--------------|-------------------------------------------------------------------------------------|
| <b>Vlees</b>                    |              |                                                                                     | <b>Zoetstoffen</b> |              |                                                                                     |
| Rundvlees                       | 17,6         |    | Honing (mengsel)   | 0            |  |
| Varkensvlees                    | 0            |    | Rietsuiker         | 0            |  |
| <b>Zaden en noten</b>           |              |                                                                                     |                    |              |                                                                                     |
| Amandel                         | 7,6          |    |                    |              |                                                                                     |
| Cacaoboan                       | 4,3          |    |                    |              |                                                                                     |
| Cashewnoot                      | 25,9         |    |                    |              |                                                                                     |
| Hazelnoot                       | 3,7          |    |                    |              |                                                                                     |
| Lijnzaad                        | 1,9          |    |                    |              |                                                                                     |
| Maanzaad                        | 3,7          |    |                    |              |                                                                                     |
| Pinda                           | 23,4         |    |                    |              |                                                                                     |
| Pistachenoot                    | 20,3         |    |                    |              |                                                                                     |
| Pompoenzaden                    | 4            |   |                    |              |                                                                                     |
| Sesamzaad                       | 2,6          |  |                    |              |                                                                                     |
| Walnoot                         | 0,9          |  |                    |              |                                                                                     |
| Zonnebloempitten                | 5,8          |  |                    |              |                                                                                     |
| <b>Champignons</b>              |              |                                                                                     |                    |              |                                                                                     |
| Weidepaddestoelen               | 3,3          |  |                    |              |                                                                                     |
| <b>Thee, koffie en drankjes</b> |              |                                                                                     |                    |              |                                                                                     |
| Pepermunt                       | 4            |  |                    |              |                                                                                     |
| <b>Voedsel supplementen</b>     |              |                                                                                     |                    |              |                                                                                     |
| Guar-meel (E412)                | 0            |  |                    |              |                                                                                     |